This list is to help you plan what you need to bring to camp. Remember, you will have to carry your stuff to your unit, so pack light and bring only what you really need. June can be hot or cold; wet or dry, so bring old clothing for all outdoor conditions. Please bring only clothing that is modest in nature and appropriate for a Christian setting.

MUST HAVE SIGNED HEALTH FORMS AT CHECK IN & ALSO BRING ANY UNPAID CAMP FEES. For Jr. High and High School, you need to bring signed Stronghold liability forms.

List of Needed Items:

- ♣ Bible
- ₱ Pen or pencil and notebook
- Toiletries: toothbrush, toothpaste, soap, shampoo, deodorant, razor, lotions, hair ties, comb, personal necessities, etc.
- ⊕ Sunscreen
- † Flashlight and extra batteries
- \$\frac{1}{2}\$ Sleeping bag or linens/blankets and pillow
- ♣ Rain gear (important!!)
- \$\psi\$ 2 pairs of shoes (NO open toes or heels. Only tennis shoes and hiking boots)
- † Towels and washcloths for daily showers
- ➡ Swimsuit and towel (one-piece swimming suit only! No revealing swimsuits and/or bikinis)
- ♣ Cap for head (ticks live out in the woods)
- \$\frac{1}{2}\$ Long & short sleeve shirts (no midriffs, remember Christian camp!)
- **♦** Shorts
- \$\frac{1}{2}\$ Jeans or long pants- at least two or three pairs (no dresses or skirts!)
- ₱ Underclothing, including several pairs of socks
- A clean WHITE T-shirt or pillowcase to tie-dye
- Backpack (convenient when going to the pool or showers)
- Treats and box of cereal to share with unit
- ① Outdoor lawn chair-handy to have around the campfire (a MUST if we do not have any logs to sit upon!)
- † And last but not least! A positive attitude!

Optional Items: Camera, wristwatch or clock, small travel or word games, playing cards, reading books or games suitable for rainy days. Please leave at home any and all electronic listening or game devices, cell phones, MP3/iPod, etc. Remember, there is no electricity! Do not bring anything even remotely considered illegal or dangerous (fireworks, weapons, tobacco products, alcohol, non-prescribed drugs, etc.)